

Wealth¹ Whip It Test

Rank yourself on each of the following wealth-building factors (on a scale of 1 to 5 as noted below). What are your beliefs about wealth? Are they holding you back? Whip the money thing by bringing all of your rankings up to a 5!

1. Your Wealth Awareness Level

<p>1= You worry about running out of money constantly; you are stingy with your resources; you hoard your money; you believe there is not enough to go around for everyone; you believe in scarcity and act accordingly; you hoard information and compete with others for resources; you have no idea what amount of money would make you feel financially secure; you feel uncomfortable thinking about wealth because it leads you to feeling jealous of others.</p>	1	2	3	4	5	<p>5= You are generous with your resources as you believe there is a limitless supply of everything (money, time, love, skills, love); you believe there will always be enough to fulfill your needs and desires; you are willing to take risks and step out of your comfort zone to act upon a good idea; you believe in prosperity for you and everyone around you; you believe you deserve to have money; you have defined wealth for yourself and are grateful for the abundance around you.</p>
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2. Your Responsibility Level

<p>1=You tend to rely upon others to create money for you (employers, parents, entitlements, co-workers, spouse); you'd rather not think about money at all; you are late paying bills; you rarely balance your checking accounts; you are chronically in debt; you consistently spend more than you earn; you bounce checks; you are waiting to be rescued financially by someone else (new partner, inheritance, lottery, grand scheme, etc.).</p>	1	2	3	4	5	<p>5= You believe you are totally responsible for everything that happens to you, including wealth building; you have systems in place to track, invest and grow your money.</p>
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¹ How do you define Wealth? More than enough cash, savings, time, love, fun, etc. Play a Bigger Game!

3. Your Commitment and Intentions Level

<p>1=You would like to have more wealth but don't believe you have the time, skills or resources so you resign yourself to your current situation; you feel you are too old to make money and learn new things so you don't begin to learn; you believe you are too young to be taken seriously so you fail to take action; you have no idea how much money you want or need and prefer to complain rather than take action.</p>	1	2	3	4	5	<p>5= You know what you desire and are willing to spend time, energy and money to get it.</p>
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4. Your Emotional Relationship with Prosperity and Scarcity

<p>1=You have only a vague idea of how much money you have and/or spend; you resent wealthy people; you are embarrassed by your financial situation; you feel other people are going to cheat you financially, you feel your financial situation is out of control; you feel like you are one paycheck away from being a bum on the street; you believe money corrupts people; you feel it's not right to earn more than your spouse or friends; you give away money you don't have in order to feel accepted; you fear the responsibility that success brings; you brag about how much money you make.</p>	1	2	3	4	5	<p>5= You love money and abundance; you have healed your past negative beliefs about money; money flows freely in and out of your life and you always know you are capable of obtaining more and thus are generous; you are not ashamed to talk about money; you feel you deserve money and abundance; you know exactly how much you earn and spend and manage your money well; you understand money is a only symbol and is meant to flow freely; you expect to give and receive value when exchanging money; you respect wealth and feel happy for others who have money.</p>
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5. Your Financial Knowledge

<p>1=You know how to pay your bills manually, but don't have any system to track what you spend or earn; you hate to read the financial news and find it all a bit overwhelming; you stuff your bank and credit card statements in the file drawer without looking at them; you are scared of learning about budgets because you don't want to feel restricted in any way; investing is for crazy people- no need to be tempted with knowledge of this.</p>	1	2	3	4	5	<p>5= You understand budgeting, cash flow, investing, credit, how to calculate returns on investments; you understand your bank statements, investment statements, financial news, etc.</p>
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6. Your Financial & Money Management Skills

<p>1=You have a tendency to buy on impulse; you use your credit card to buy things you want now, even if you can't afford it; you pay your bills by hand and sometimes miss payments because you receive no bill; you have no real idea of your monthly income and expenses- you just pay bills as they come in; you fall short of money most months and have to borrow to get by; you haven't reconciled your bank statements in months; you rarely check your credit card charges; you have reoccurring credit card charges that you don't recognize and keep meaning to cancel but never do.</p>	1	2	3	4	5	<p>5= You have good money decision-making skills; you make thoughtful, deliberate choices based on knowledge; you track and budget your money; you save for big ticket items; you balance your checkbook and credit card statements each month; you use software to manage your money consistently, efficiently and accurately; you know how to make money on your money and invest your money wisely; you seek outside advice when you need to.</p>
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Facing the Facts

1. My strongest rankings were on these wealth factors (ranked 3 or above):

- Wealth Awareness
- Wealth Responsibility
- Wealth Commitment & Intentions
- Emotional Relationship with Scarcity and Prosperity
- Financial Knowledge
- Financial and Money Management Skills

How might I bring these rankings up one notch? Highlight those areas in yellow (noted in ranking 5 above) that you'd like to work towards improving.

2. The wealth factors needing most attention, focus and improvement are:

3. My Wealth Whipping Intention is:

4. One small step I will take in the next week to begin manifesting this intention:

5. One big step I will take within the next month to move me closer to manifesting my intention:

6. My accountability partner is: _____

We will check in with each on: _____ (Date)